CBR Matrix table

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| Component | Elements | Goal | CBR role |
| Health | Health promotion; prevention; medical care; rehabilitation; assistive devices | People with disabilities achieve their highest attainable standard of health | To work closely with the health sector to ensure that the needs of people with disabilities and their family members are addressed in the areas of health promotion, prevention, medical care, rehabilitation and assistive devices;  to work with individuals and their families to facilitate their access to health services and to work with other sectors to ensure that all aspects of health are addressed |
| Education | Early childhood care and education; primary education; secondary and higher education; non-formal education; lifelong learning | People with disabilities access education and lifelong learning, leading to fulfilment of potential, a sense of dignity and self-worth, and effective participation in society | To work with the education sector to help make education inclusive at all levels, and to facilitate access to education and lifelong learning for people with disabilities. |
| Livelihood | Skills development; self-employment; wage employment; financial services; social protection | People with disabilities gain a livelihood, have access to social protection measures and are able to earn enough income to lead dignified lives and contribute economically to their families and communities. | To facilitate access for people with disabilities and their families to acquiring skills, livelihood opportunities, enhanced participation in community life and self-fulfilment. |
| Social | Personal assistance; relationships, marriage and family; culture and arts; recreation, leisure and sports; justice | People with disabilities have meaningful social roles and responsibilities in their families and communities, and are treated as equal members of society. | To work with all relevant stakeholders to ensure the full participation of people with disabilities in the social life of their families and communities. CBR programmes can provide support and assistance to people with disabilities to enable them to access social opportunities, and can challenge stigma and discrimination to bring about positive social change. |
| Empowerment | Advocacy and communication; community mobilization; political participation; self-help groups; disabled people's organizations | People with disabilities and their family members make their own decisions and take responsibility for changing their lives and improving their communities. | The role of CBR is to contribute to the empowerment process by promoting, supporting and facilitating the active involvement of people with disabilities and their families in issues that affect their lives. |