**JIMMA UNIVERSITY**

**College of Natural science**

**Department of Sport science**

**Racquet Game course outline**

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| **Department of Sport Science** | | | **Last Updated September 2013** | | | | | | | | |
| **Degree Program** | | | **BSC Degree in Sport Science** | | | | | | | | |
| **Module Category** | | | **Core Course** | | | | | | | | |
| **Module Title** | | | Module 11: Racket Games (SpSc M2123) | | | | | | | | |
| **Module Coordinator** | | |  | | | | | | | | |
| **Course Title /code** | | | Racket Games /SpSc 2121/ | | | | | | | | |
| **Course Weight** | | | 5 ECTS | | | | | | | | |
| **Course Information** | | | **Academic year 2012 E.C semester II** **Meeting day \_\_\_\_\_\_\_\_\_\_ Meeting time\_\_\_\_\_\_\_\_\_\_\_**  **Meeting location \_\_\_\_\_** | | | | | | | | |
| **Instructor’s Name -** | | | **Zewge H.** | | | | | | | | |
| **Instructor’s Contact** | | | **Information**  **Office** –  **Phone** –  **Email** – mekorakoz@gmail.com  **Contact hour** | | | | | | | | |
| **Student Work Load** | | | Lecture | Assess | Group Work | | Independent work | | Lab | | Total |
| 26hr | 10hr | 30hr | | 25hr | | 44hr | | 135hr |
| **Course** **Description/Content** | | | A combination methods-activity course involving coaching and developing skill progression in table tennis, tennis & badminton. The subject matter includes history, basic skills, rules, techniques & tactics, skill analysis of performance, safety, game play, and strategies of the games. | | | | | | | | |
| **Course Objective By the end of this course, students will be able to:-** | | | • Understand the historical development of racquet games. • Demonstrate basic skills, techniques, tactics, and strategies of racket games. • Apply rules and regulations of racquet games. • Describe facilities & equipment of racquet games. • Describe the benefits of racquet games as a participant, and/or spectator for health and leisure. | | | | | | | | |
| **Mode of delivery** | | | Semester | | | | | | | | |
| **Course calendar and delivery** | | | | | | | | | | | |
| **Date/week** | **Key Topic** | | | | | **Teaching method** | | | | **Readding** | |
| **Week 1** | **Chapter 1**- Historical Background of Table Tennis, Tennis and Badminton ▪ Origin and Development ▪ World History ▪ African History Ethiopian History | | | | | Lecture Group discussion Questioning and answering | | | |  | |
| **Week 2-3** | **Chapter 2-** Basic Rules and Regulations of the game of Table Tennis, Tennis and Badminton ▪ Facilities and Equipments ▪ Scorings ▪ Game play ▪ Single and Doubles | | | | | Lecture Group discussion Presentation | | | |  | |
| **Week 4**  **5-6**  **7-8**  **9-10**  **11-12**  **13-14** | **Chapter 3-** Basic skills of Table Tennis, Tennis and Badminton  **Table Tennis**  \*Grip  \*Loop  \*Counter Drive  \*Flick  \*Smash  \*Push  \*Chop  \*Block  \*Lob  \*Spin  **Tennis**  \*Grip  \*Forehand  \*Backhand  \*Volley  \*Smash  \*Serve  \*Lob  **Badminton**  \*Grip  \*Forehand  \*Backhand  \*Smash  \*Serve | | | | | Lecture  Group discussion  presentation  Lab Practice  Lab Practice  Lab Practice | | | |  | |
| **Assessment techniques** | | | | | | | | | | | |
| **Type of Assessment** | | | | | | **Date of Assessment** | | **Weight of**  **Assessment** | | **Competency to be assessed** | |
| Group assignment on History of Racket Games/ Project work on Measuring fields | | | | | | **Week 1** | | **10%** | |  | |
| Quiz on History and Rules | | | | | | **Week 2** | | **10%** | |  | |
| Group Assignment on Skill Coaching | | | | | | **Week 6** | | **10%** | |  | |
| Skill test | | | | | | **Week 14** | | **45%** | |  | |
| Final Written Exam | | | | | | **Week 16** | | **25%** | |  | |
| Course policies | | **Grading:** As per the academic policy of the university. **Attendance policy: As per the legislation of the university** **C-Class Participation:** The success of this class and your learning experience is dependent on your engagement and participation. You should come well prepared and constructively engage in class discussions. **D/ Class format:** Since this course is highly affianced with continuous assessments and practical, not more than forty (50) students are allowed per section. These fifty students will be organized in groups and have their own coordinator. These coordinators have the mandate to control the group, to over hand materials from the instructor, to keep the discipline of the group and initiate members to participate highly.  **E-Class Discipline:** “In each and every aspect of life discipline comes first and worth a lot”; this is what department of Sport Science reflects. As a result of this any noise, chatting, chewing gum and the like are prohibited in every session. In addition to these portable electronic media and communicative devices such as cell phones, pagers, MP3 players, I pods etc are not be used during lecture and examination for any reason. Thus, these devices should be switched off and kept out of sight. | | | | | | | | | |
| Reference | | •Doug Mac Cruddy & Shown Tully.(1980) Sports Illustrated Tennis .  •Rick Chavez and Lois Smith Nieder .(1988),Teaching Tennis. •RALF B. BALLOU. (1982), Teaching Badminton • http//:www.itf.com   * http//:www.ittf.com * http//:www.bwf.com   •Rolf Flichtbeil (2006) ; Go tennis   * Larry Hodges. (1989);Instructor’s guide to table tennis. | | | | | | | | | |

**Approval Section**  
Module Chair \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Department Head\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_